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## Greek Round Table

### IFDA 9<sup>th</sup> International Forum of Daseinsanalysis

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According to Plato, Socrates used to say: *“Almost everywhere I meet people that they believe they know but they don’t know. There is nothing worse than someone believing that he knows.”*

Although I am standing in front of you, I am taking the risk of knowing nothing but nevertheless I will try to define what a dasein analyst is, from my point of view - as I experience it through my personal practice.

«**Εν οίδα ότι ουδέν οίδα**» (*“All I know is that I know nothing”*). A really solid statement that possibly liberates. Though, I think that Socrates with this statement – at least, the way it’s been rendered – seems to answer a certain question. So, my starting point today is this question. *“What do I know?”* And who indeed is the person who wonders what does he know? Possibly he, whose world has been crept over by doubt (possibly through futility).

The already familiar way of the standard value system and the stability, on which he has based his life, seem to collapse. The way his life appears until now looks problematic. It seems not to be enough in order to give meaning in the experienced reality, so the reality that the person experiences, seems to be meaningless. Socrates, pretending to be completely ignorant, was trying to elicit from his interlocutor the truth. Through this dialogue, Socrates adopts a role equivalent to the role of conscience. Is certainly believed that Socrates could “draw” from his interlocutor the truth.

Let’s put Philosophy aside for a while and look through the eye of Psychotherapy. How do all these things about Socrates could concern Psychotherapy? Could anyone