
Knowledge And Despair in Therapeutic Conversation Or The Loss of Double Ignorance

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*“Wise Sofokles, wiser Euripides
Among all men Socrates is the wisest”*

Delphi's oracle is said to have proclaimed Socrates the wisest man of his era.

“What is my wisdom?” he wondered and after a long search, he came to the conclusion: *“The only thing I know is that I know nothing”*. Socrates was the wisest of all, having acknowledge of his ignorance. Being the wisest of all because, in contrast to all people who walking blindly, believing that they have their eyes wide open, Socrates knew that he didn't.

People live in the world that is already interpreted, they see only what fits into their pre-configuration, in their obvious forms, in their familiar way, that they 've learned to conceive both himself and the things in the world. They are walking through life pursuing certainty, believing that the given meaning to their own matters is obvious and unique, solid, and unshakable.

Human beings always “know” or are in pursuit to “of knowing”. Socrates was the first who doubted that and called people to the path “to know thyself”. This path passes through the loss of double ignorance that is: “To know that I don't know”. But how does double ignorance concern us as therapists?

Let 's turn and look to therapeutic scene. In therapeutic scene, two human beings meet in order to have a conversation. The patient is addressing to the therapist a 'healing request' (as traditionally psychoanalysis call it) supposing that he (the