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## What's to Become of Psychotherapy? Medard Boss, R. D. Laing, and Dasein-therapy

**Prof Dr Miles Groth, PhD**

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Psychotherapy must remain *an obstinate attempt of two people to recover the wholeness of being human through the relationship between them.* – R.D. Laing (1965)

The highest aim of psychotherapy is and remains to enable our patients to a being-able-to-love-and-trust, which can overcome all oppressive anxiety and guilt, as mere misunderstandings cleared away. Such trust can and may be regarded as the most mature kind of human love. – Gion Condrau and Medard Boss (1968)

“Why in the world *not?*” – Medard Boss, *Existential Foundations of Medicine and Psychology* (1971)

“The treatment that we give someone is the way that we treat that person. It should not be a noun; it should be an active affair. The way we treat one another is the therapy.” – R.D. Laing, in Shandel & Tougas (1989)

“You know, I never knew where we were heading.” – M (2017)

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